

# Successful Grant Awards 2025/26

<b>Report author</b>	Emma Dixon
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# 1. Summary

The Commissioner's Grants Scheme is an annual award which funds initiatives to deliver projects and activities that meet the Commissioner's priorities set out in the Police and Crime Plan 2025-29.

There are four categories as part of the scheme which organisations could apply to:

- Reducing reoffending
- Children and young people
- Crime prevention
- Road safety

Funding applications could be made up to £15,000.

In total, 27 projects and initiatives have been supported across 25 organisations for this year. This includes four new organisations who have been funded for the first time this year: Esther Project, Reel Rod Squad, You Can Flourish and Parental Education Growth Support. In addition to this, three discretionary awards have been given this year.

A combined amount of £275,523.97 of grants have been awarded for 2025/26.

The details of the recipients can be found within this report, including how the funds received will support communities across Warwickshire.

## 2. Reducing Reoffending Initiatives

### Futures Unlocked

P12 – Support in the community to offenders and ex-offenders

Amount Awarded: £15,000, supported in full

Location: Countywide

Website: <https://www.futuresunlocked.org/>

Ongoing programme of support to ex-offenders and offenders who are serving their sentence in the community (their clients). Under the programme support is provided to:

- Clients who have been released back into the community. It is considered that these clients require additional support to achieve a long-lasting resettlement.
- Those that are serving their sentence in the community, this may through be a suspended sentence, a community order or probation.

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- Clients who are in prison due for release back to Warwickshire. These can be residents in one of two resettlement prisons, or in an out of area prison. In these cases, there is pick-up provision from the prison gate, along with support once they are back in the community to help them resettle.

For each client supported, Futures Unlocked will have met the client in prison or the community and undertaken a risk-based assessment to determine whether they can work with them. If support can be provided, it is determined whether this is done by a Chaplain or mentor. The assessment will also ensure that clients and mentors are safeguarded. Clients and mentors are matched based on mutual interests so that both will benefit from the support provided.

In conjunction with the client, Probation or the prison resettlement team, they will develop an individually tailored programme for the client. The programme follows His Majesty's Prison and Probation Service (HMPPS) pathways, which include accommodation, alcohol/drug counselling, finding employment, managing a budget and health/mental health issues.

### **Arts Uplift Community Interest Company**

P13 – Create to Motivate

Amount Awarded: £10,010, supported partially

Location: Leamington Spa

Website: <https://www.artsuplift.co.uk/>

Building on from previous successful projects the main objectives of the project are:

- To deliver a series of 2hr x 30 arts interventions (pottery, music/song writing and film making) at Augustus House, Leamington Spa. This provides the residents with much needed creative engagement to support them to connect with others, provide a platform to express themselves, improve or develop new skills and improve their mental well-being. They will learn the skills needed to create a new film, song or piece of pottery including creating stories which tend to be based on their own experiences of being in prison and on probation. They will work as a team to create the song and film and support each other including setting up the room and tidying away. The song created will also be recorded and a short film and pottery pieces will be produced, painted and fired. A sharing event with the other staff and residents will showcase the work that they did after each block of sessions. The target is for 30 people to be referred, with at least 27 attending at least one session and 9 to attend most of the sessions.

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- To deliver 4 x ½ day training with Augustus House and Regional Support Workers from other approved premises in arts and crafts delivery with men on probation in Leamington Spa. They will learn new skills such as painting, collage and inkwork and build confidence to deliver arts and crafts workshops in between the sessions they run to form a year-round offer for residents.

### **Parenting Project**

P11 – Parenting Project; Cranstoun Counselling Service (Warwickshire)

Amount Awarded: £14,925, supported in full

Location: Countywide

Website: <https://parentingproject.org.uk/>

Parenting Project have partnered with Cranstoun to deliver counselling for parents known to the Cranstoun service through being in custody and having issues or addiction with drugs and or alcohol. Their belief is that the counselling service can support Cranstoun in their mission of redirecting people away from the Criminal Justice System, breaking the cycle of alcohol, drug misuse and crime and supporting second chances.

Counselling can help people to achieve a sense of agency which is essential for them to feel in control of their lives and to believe in their capacity to influence their own thoughts and behaviour and build confidence in their ability to handle a wide range of tasks and situations. Parenting Project take pride in robustly, ethically and sensitively supporting people from the first point of contact through to the allocation of a counsellor and the completion of counselling. Clients meet with a Counselling Coordinator for an assessment which includes an assessment of risk, and data collection, prior to being supported through the counselling experience, which will be conducted over 18 sessions of 1-1 trauma informed, person centred counselling.

Within this project, counselling will be provided by qualified counsellors who experience of counselling people with complex lives and mental health issues. Parents are enabled to access counselling in a way which is suitable for them, including face to face in a local community venue, via zoom or phone.

Activities are inclusive and culturally sensitive to the needs of individuals. It is a crucial aspect of the service that is welcomed, and are alongside, all clients, regardless of their gender, religion, identity or sexuality whilst working with their explicit needs.

### **Empowr-U**

P27 – Pathways to Change

Amount Awarded: £14,875, supported in full

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Location: North Warwickshire and Nuneaton and Bedworth

Website: <https://empowr-u.org/>

Pathways to Change will deliver a mentoring programme aimed at helping young people in Nuneaton, Bedworth, and Keresley who are at risk of re-offending, by providing them with the skills, knowledge, and support needed to divert them away from crime and anti-social behaviour.

The programme will offer 1:1 mentoring and where appropriate group work mentoring, focusing on key areas such as emotional regulation, actions and consequences, employability skills, education around criminality and pathways, social action, and personal development. This project will involve close partnership working, including with the police, Youth Offending Service (YOS), schools, and community groups, who will support young people who may be disengaged from education or involved in criminal activity, such as county lines, ASB, and criminal damage. These young people often face limited opportunities in their communities, particularly in areas like Keresley where access to positive activities is scarce.

This mentoring programme aims to provide a structured, supportive environment that helps young people identify and work towards their personal goals, equipping them with the tools to make positive changes. In addition, there will be facilitated workshops and skill-building sessions that focus on practical life skills, positive behaviour, and building resilience. By addressing the underlying causes of re-offending, the project will support young people in breaking the cycle of crime and engaging them in activities that contribute to their future success, including education, employment, and community engagement.

**Helping Hands**

P2 – Daniel’s Rise Walking Football and Good to Grow project.

Amount Awarded: £10,000, supported partially

Location: Warwick

Website: <https://www.helpinghandscharity.org.uk/>

Since May 2022 the Helping Hands men’s group, now known as ‘Daniels Rise’, has existed to support adults at risk of offending or re-offending. Each week, a male support worker and a volunteer pool of around 4 individuals meet to provide compassionate care and practical guidance to assist vulnerable men in rebuilding their lives. Thanks to funding from the Police and Crime Commissioner last year, a wood working project was set up, in addition to Daniels Rise, to develop the skills and experience of the men, which will continue as part of the service provision. Daniel’s Rise now sees up to 30 men each week. The group now has 10 more members than it

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did 12 months ago and is predicted to grow in parallel with the rising numbers seen at Soup Kitchen (serving an average of 50+ meals, Mon-Thurs evenings and 80% of the recipients are men).

Walking Football is a popular adaptation of traditional football, specifically designed to make the sport more accessible to older adults or those who might struggle with the physical demands of the standard game. Introduced in the early 2010s, walking football is played at a slower pace, with rules prohibiting running and restricting physical contact. It typically takes place on smaller pitches, and in a more relaxed setting, which allows players to enjoy the game safely. The games are an hour long, and played competitively, every week at St Nicholas Park Leisure Centre.

Good to Grow is a new gardening programme they will launch at Hinton's Nursery - clients alongside the Hinton's team would undertake general gardening maintenance activities, growing vegetables and learning about basic horticulture.

### 3. Children and Young People

#### You Can Flourish

P20 - Supporting Girls Early to Keep Them Safe

Amount Awarded £10,678.08, supported in full

Location: Stratford and Warwick

Website: <https://www.youcanflourish.co.uk/>

The girls will access the following project activities, delivered by their staff and award-winning volunteers to girls aged 10-18 in schools and community settings:

- Flourish 1:1 Mentoring, to create a safe space in which they work with girls towards building self-esteem, nurturing emotional resilience and building a toolkit for life. It comprises 12 weekly hour-long sessions. This structured programme is personalised to each mentee, with the mentor drawing on a variety of skills as a coach, listener, facilitator, critical friend and relatable role model. This approach is effective, relevant and long-lasting, seeing significant improvement in self-esteem and wellbeing. 88% of 1:1 mentees this year have finished with improved wellbeing and 81% with improved self esteem.
- The Flourish Course, a flagship group mentoring programme, comprising 8 weekly sessions, covering topics including friendships, discovering worth, managing emotions and positive self-talk. This is achieved through the use of games, crafts, discussion, and creative journaling to help girls build self-esteem and mental wellbeing, advocate for themselves, and create a

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- supportive peer community. “The most helpful sessions were about friendship values and thinking about how to look positively at yourself.”
- Flourish Rebuild, a group mentoring course comprising 8 weekly sessions around understanding emotions and building resilience. These sessions offer the ideal safe space for girls to explore and identify emotions together as a supportive peer community and to create a physical and mental 'toolbox' of coping mechanisms to help them thrive long after the course has ended. 74% of group mentoring participants finish with improved wellbeing and 57% of them finish with higher aspirations for the future. “Flourish made me think more positively about life and has helped me so much. I have hope for the future.”

### **Reel Rod Squad**

P1 – Casting Change

Amount Awarded £12,500, supported partially

Location: North Warwickshire and Nuneaton and Bedworth

Website: <https://www.reelrodsquad.co.uk/>

"Casting Change" aims to engage young people at risk of anti-social behaviour, gang involvement, and criminal activity by introducing them to the discipline of angling. This project provides a unique opportunity for young individuals to take part in regular fishing sessions, set within a structured and supportive environment, where they can develop new skills, build confidence, and create positive relationships with peers and mentors. The project will offer 20 fishing events over the year held at local lakes, with promotion at local community centres, and parks, to ensure accessibility and a diverse range of environments. These sessions will provide participants with a chance to experience the therapeutic benefits of angling, which fosters calm, focus, and reflection, away from the pressures of street life. The fishing activities will be led by experienced volunteers who will teach participants various aspects of the sport, such as casting techniques, knot tying, baiting, and fish identification, as well as the principles of sustainability and conservation.

In addition to the hands-on fishing sessions, Casting Change will provide skills workshops that cover a range of topics, including environmental awareness, mental health, and the benefits of mindfulness. Participants will also learn about the broader aspects of angling, such as the importance of maintaining local fishing spots and respecting wildlife. By combining sport with life skills education, the project will encourage young people to develop patience, responsibility, and perseverance—qualities that can help shift their focus away from anti-social behaviours and towards more constructive outlets. The project will also create opportunities for participants to compete in friendly fishing matches, with small prizes to boost confidence and motivation. By forging partnerships with local tackle shops, Casting Change will secure equipment donations and discounts, ensuring that all participants have access to the necessary gear.



**Bradby Club for Young People**

P5 – Open Access Youth Sessions

Amount Awarded £11,944, supported in full

Location: Rugby

Open Access Youth Sessions delivered bi-weekly from the Bradby Club for Young People. This funding will enable the Bradby Club to continue providing vital universal youth work services, offering a range of engaging activities and tailored support for local young people. These sessions include a variety of sporting opportunities such as football, boxing, table tennis, pool, badminton, and hockey, encouraging physical activity and teamwork. Beyond sports, creative outlets like arts and crafts, gaming, IT and homework support, and cooking sessions that teach essential life skills are offered, too. To address food poverty, there is the provisions of free food and cooking sessions for young people, while also providing an affordable tuck shop.

Additionally, through the Warm Bank initiative, the club offers a safe and warm space for those impacted by fuel poverty. Informal education and support are integral to the sessions, providing young people with guidance and access to further intervention through the ASCENT Health and Well-being Project. This approach fosters positive relationships, encourages personal development, and provides a safe space to discuss challenges and explore solutions. Youth Sessions continually evolve through young people’s feedback and changing needs. Opportunities like fortnightly PAN drama sessions, offering a creative outlet to explore key themes and social issues through performance. They also run Chips and Sports, where young people try new sports and receive free chips generously provided by ‘Fish+’ in Overslade. Boxing taster sessions and more recently girls-only boxing sessions to further engage young people. Add to these more cooking opportunities and expanded range of options available in the tuck shop.

**Young People First**

P16 – Youthy 2

Amount Awarded £14,916, supported in full

Location: Sydenham, Leamington Spa

Website: <https://www.youngpeoplefirst.org.uk/>

Young People First (YPF) will continue supporting the Sydni Centre with running youth club sessions regularly attracting up to 50 young people. There is now a deep understanding of the many issues young people and their families face, with a long-term commitment to work in partnership with the Sydni Centre to make real and long lasting change. The proposition is to replicate YPF’s ‘wrap around’ approach to offer the following:



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- Core Focus: The youth club is at the heart of the initiative, providing a regular, safe space where young people can meet, engage in positive activities, and build connections.  
This will provide a weekly 1.5 hour youth club session x 48 sessions per year providing structured activities, a hot meal, and access to youth workers for one-on-one support.
- 10 holiday activity /experiences for young people.
- Two one hour mentoring sessions per week x 38 weeks – focussing on the young people most at need of intense support to prevent offending.
- 3 x 2 hour four-week high-intensity, needs-based targeted work for the most vulnerable young people, particularly those evidenced by partners in the Warwickshire County Council Community Safety Team and police as being prolific perpetrators of anti-social behaviour.
- 3 x 2 hour community engagement sessions for the families of young people to meet support services (community safety / police / housing) to improve community engagement.

### Aspire in Arts

P22- NEET Youth Drop In

Amount Awarded £14,999.80, supported in full

Location: Nuneaton

Website: <https://aspireinarts.org/>

To deliver a weekly youth drop in session in Nuneaton Town Centre for predominantly not in education, employment or training (NEET) young people - providing a safe space that will divert young people away from potential offending behaviours and to help prevent young people from being exploited and being involved in any criminal activity.

The project will target those young people who are most vulnerable (in Youth Justice, known to Warwickshire Police, excluded from school, NEET, in social care, homeless, in temporary accommodation etc). Once engaged, the Joint Negotiating Committee (JNC) qualified and experienced Senior Youth Workers will be able to support the young people in other areas of their lives. This support could include: engaging back in to education, gaining qualifications (internally and externally), volunteering opportunities, help with writing a CV and employment, referrals to external support services (e.g. counselling, homeless support etc).

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Their premises also comprise of a number of positive, social activities the young people can get involved whilst receiving vital support. These include a pool table, table tennis, arts materials, a recording studio and a professional catering kitchen. At the sessions, young people can also learn to cook and all will receive a hot meal. The Senior Youth Worker will also work with young people and their parents/carers when required. It is known that there are some of the involved young people experiencing family breakdowns and need additional support. Previous support has been provided to young people in such situations. With this funding, Aspire in Arts will be able to support even more young people improve their relationships with their parents/carers.

### **Parental Education Growth Support (PEGS)**

P17- Recognising, responding and understanding child to parent abuse

Amount Awarded £5,000, supported in full

Location: Countywide

Website: <https://www.pegssupport.co.uk/>

This initiative is designed to equip professionals with the knowledge and tools to identify child to parent abuse (CPA), understand its wide-ranging impacts on families, and improve responses and interventions in practice. Their training program will involve the following key activities: Specialist Training on CPA: Comprehensive training sessions that provide a deep understanding of CPA, including the behaviours involved, risk factors, and the impacts on all household members.

Training that emphasises safeguarding, focusing on how to assess and manage risks to the entire family while supporting both the parent and the young person displaying abusive behaviours.

PRAM Model Training: Training for professionals to use PRAM, a practical tool that helps identify CPA early, assess risks, and inform effective intervention strategies. PRAM is designed to guide professionals through understanding family dynamics, recognising safeguarding concerns, and implementing tailored support.

Interactive sessions; delegates must attend both sessions to ensure a complete understanding of CPA and the PRAM. Sessions will include case studies, group discussions, and practical exercises, providing professionals with real-world scenarios to apply their learning. Training will be open to a wide range of professionals, ensuring a coordinated and multi-agency response to CPA.

Resource Provision: Participants will be provided with resources to support their ongoing practice, including guidance on using the PRAM model, risk assessment tools, and strategies to engage with families effectively.

### **Loudmouth Education and Training**

P6- Recognising, responding and understanding child to parent abuse

Amount Awarded £15,000, supported in full

Location: Countywide

Website: [www.loudmouth.co.uk](http://www.loudmouth.co.uk)

This is aimed at 11-12-year-olds in mainstream and non-mainstream schools and safely raises their awareness of VAWG and hate crime. This early intervention aims to disrupt attitudes that may be generational and help young people at a time when they are shaping their opinions, attitudes and life choices. The project would build on Loudmouth's existing relationships with Warwickshire.

The drama and workshop will introduce forms of behaviour that young people may not think of as criminal, including sexual harassment and violence against women and girls, sextortion, domestic abuse and hate crime. This social skills training programme will be delivered through an hour of performance and interactive character Q&A to the whole year group.

This is followed by consecutive 30-minute discussion workshops to class size groups, to explore the topics in more detail. The drama builds on work that schools may have already done on bullying and looks at how the same models of behaviour can become anti-social behaviour, potentially leading to VAWG and hate crime. The performance includes scenes involving young teenage characters which learners can relate to.

These scenes build empathy for the victims of crime, help young people to learn skills to stay safe from crime, highlight why the behaviour of the perpetrator is unacceptable and, in some cases illegal, and build confidence in coming forward to report crime.

## **4. Crime Prevention**

### **Mediation and Community Support (MACS)**

P24 - Timely Active Conflict Transformation (TACT)

Amount Awarded £15,000, supported in full

Location: Countywide

Website: <https://www.mediationsupport.org.uk/about-us#:~:text=We%20are%20an%20independent%2C%20voluntary%20organisation%20that%20provide,people%20are%20experiencing%20neighbour%2C%20family%20and%20workplace%20disputes.>

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MACS will deliver Timely Active Conflict Transformation (TACT) which will engage people in constructive change initiatives that include and go beyond the resolution of a particular problem to empower people to have the ability to respond constructively in future conflicts.

TACT will train volunteers to help disputants at earlier stages when the issues of conflict are reported, are more manageable and have not built up. Volunteers will use empowering approaches with clients to get to the heart of the issue by identify needs. They will use their skills to educate and support people to be able to communicate more effectively, to negotiate and to understand the value of resolving issues mutually without having to resort to actions which are antisocial or cause distress to others.

Participants will be able to use the insights gained in other life situations where conflicts occur.

### **Young People First**

P26 – Youthy+

Amount Awarded £9,982, supported in full

Location: Leamington

Website: <https://www.youngpeoplefirst.org.uk/>

This will be a pilot project derived from youth worker observations that a number of ex and current youth club attendees have entered the criminal justice system or identified by partner agencies, such as the WCC Community Safety Team and Police as being at high risk of becoming involved in criminality.

Further analysis revealed a common factor for these young people were poor educational experiences, including diagnosed SENs; having a significantly reduced educational timetable that limited learning opportunity and increased their exposure to risks of criminality and school exclusion.

It has been proposed to lever these positive relationships to deliver a weekly 2-hour youth club sessions for up to 8 YP. These sessions will be a mix of social and learning activities, aimed at improving self-regulation; examining criminality, its causes and effects in real terms and providing pragmatic education or employment advice e.g. mock interviews.

### **North Warwickshire Neighbourhood Watch Association**

P18 – Core funding – crime prevention and the reduction of crime within North Warwickshire.

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Amount Awarded £4,750, supported partially

Location: North Warwickshire

This project focuses on creating safer communities by meeting people where they are. The Association will connect with residents at local events like village meetings, fetes, carnivals, coffee mornings, warm hubs, and community group gatherings. They will also attend multi-agency events to reach as many people as possible. By working closely with local Safer Neighbourhood Teams, Community Safety Teams, and other partners, providing practical crime prevention advice and building strong relationships within the community.

The Association also offer simple, effective security tools such as multi-purpose PIR alarms, 24-hour timers, personal attack alarms, property marker pens, and car key Faraday pouches to help residents protect themselves and their property. Their goal is to make North Warwickshire a safer place to live. By engaging with residents, they not only share valuable safety advice but also act as a link, passing concerns and feedback to Warwickshire Police, Community Safety Teams, and other local partners.

**Warwickshire Neighbourhood Watch Association**

P19 – Safer communities – crime prevention, community safety and the reduction of crime within Warwick District

Amount Awarded £4,700, supported partially

Location: Kenilworth, Leamington Spa and Warwick

The project will work to build safer communities through collaboration and engagement and maximise community engagement by meeting people, whether at their village or town locations, village meetings, fetes, carnivals, coffee mornings, warm hubs, community group meetings, or multi-agency events.

Through collaboration with local Safer Neighbourhood Teams, Warwickshire Community Safety Teams, and other local partners, they will effectively promote crime prevention and community safety advice and build strong connections within the community. In addition to providing practical advice, they will offer simple yet effective security devices such as multi-purpose PIR alarms, 24-hour timers, personal attack alarms, property marker pens, purse bells and car key Faraday pouches, to help prevent crime and protect residents. They distribute RFID card protectors to residents to enable them to prevent credit card fraud (card cloning) , nearly all of these cards have been handed to women and girls and have a discreet help message contained on the rear of the card protector, where they can add an emergency contact number that they can show to someone in an establishment if they are feeling vulnerable and seeking a safe place. They also engage with young people (including students living in Warwick District), women and girls to raise awareness of drink spiking and hand out

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anti spike drink bottle stoppers and foil labels to empower young people to keep themselves safe and educate them on drink spiking.

Their mission is to make Warwick District a safer place to live. By engaging directly with the community, they not only share valuable crime prevention advice but also serve as a link, passing back vital information and concerns from the community to Warwickshire Police, Community Safety teams, and other Warwickshire partners.

### **Leamington Spa Street Pastors**

P8 – Leamington Spa Street Pastors

Amount Awarded £6,490, supported in full

Location: Leamington

Website: <https://streetpastors.org/locations/leamington-spa/>

Street Pastors are a Leamington based separate Registered Charity with a Trustee group and about 20 volunteers. They have a paid 30 hours per month Co-Ordinator and operate within the guidelines set by the Ascension Trust to function as a recognised Street Pastor initiative in line with the other 250 town groups in the UK.

As trained volunteers from various churches in Leamington, their aims and objectives are to create a more harmonious and safer environment for those out and about on the town's streets at night. They do not speak about matters of faith unless asked, instead offering non-judgemental caring and support through listening and helping, meeting the needs of all, regardless of background.

In delivering this, they work in partnership with Warwick District Council (WDC) CCTV, WDC Community Wardens, the Police and staff at licensed premises. Volunteers are vetted, DBS checked and trained before they can go out on patrol. Patrols are of at least 3 persons including an experienced team leader.

### **Rugby Street Pastors**

P10 – Rugby Street Pastors Initiative

Amount Awarded £7,000, supported partially

Location: Rugby

Website: <https://streetpastors.org/locations/rugby/>

Rugby Street Pastors are an inter-denominational church response to tackle problems arising in the night-time economy in Rugby Town Centre, engaging with clubbers every Friday & Saturday night, providing advice, guidance and practical support to both young and old, as follows:

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- Engaging in conversation with clubbers, providing advice, mediating in arguments (where deemed safe to do so) or just general chat. Very often these conversations help to diffuse tensions between clubbers that might otherwise escalate into abuse, anti-social behaviour or violence requiring Police involvement.
- When requested, sign-posting clubbers to statutory agencies e.g. Hope4 (for Homeless) Social Services, AA or drug rehab.
- Administering first-aid and care for injured clubbers, which often negates the necessity for an ambulance. Likewise, by removing broken glass to reduce the risk to shoeless people cutting their feet and needing medical intervention.
- Cleaning up clubbers who have vomited over themselves, enabling them to then get home in a taxi, which they otherwise would be unable to do.
- Provision of drinking water and lollies, which act as icebreakers in many instances, enabling the Street Pastors to engage in reassuring conversations.
- Helping intoxicated clubbers from the clubs to the taxi rank (on occasions accompanying the clubbers, to ensure they safely get into their homes).
- Acting as 'arm's length eyes & ears' in support of the Town Centre Safer Neighbourhood Team (SNT). These interactions help diffuse tensions between clubbers that might otherwise escalate into behaviour requiring Police involvement. This unquestionably enables the SNT officers to concentrate on serious crime & disorder, whilst the Street Pastors take care of the vulnerable and drunk, hopefully preventing them either being the perpetrators of anti-social behaviour or crime or becoming innocent targets for thieves or troublemakers looking for a fight.
- Disposal of bottles and glasses to prevent them being potential weapons.

### **Spring Housing Association**

P23 – Together @ The Fred Winters Centre

Amount Awarded £6,745, supported partially

Location: Stratford

Website: [www.springhousing.org.uk](http://www.springhousing.org.uk)

Community Gardening Project – "Pot to Plant to Pan to Plate"

- This project builds upon last year's success. Participants previously designed the garden and planting schemes, which were constructed according to their



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designs, including seating areas, raised beds, and a pergola. The group worked with an arts facilitator to create a permanent art installation in memory of a much-loved tenant of the Centre. In the coming year, the community garden group will continue to provide a warm and welcoming space for reflection and celebration. They look forward to encouraging more participants to plant flowers, inspired by their visit to the Sezincote Gardens, and to grow food to share the produce they grow. The aim is to arrange 2 trips this year with participants - potential Ryton Organic Gardens and another of participants choice.

### Life Skills – Healthy Eating

- Last year, the Fred Winter Centre (FWC) secured funding to open their life skills kitchen. It was observed that many people who have become homeless and are living in temporary accommodation often consume unhealthy food or are unsure how to make the most of buying food on a budget.
- The "Come Dine with Me" project aims to bring people together through food. They will work with a facilitator who was previously homeless but is a qualified chef, to develop a healthy eating and cooking life skills programme. They will offer 24 sessions throughout the year—six sessions at a time with six people, repeated—to enable them to learn new skills. The programme will culminate in a celebratory communal meal for their friends.

### Aspire in Arts

P25 – Create to Elevate

Amount Awarded £12,900.80, supported partially

Location: Nuneaton and surrounding areas

Website: <https://aspireinarts.org/>

They will use a range of creative outlets to work with young people and the wider community to implement a variety of Social Action campaigns to help prevent and deter young people away from crime and anti-social behaviour in the north of Warwickshire. Undertaking a problem-solving approach, they will use different art forms to tackle this, as shown below:

- Short films: helping young people explore current ASB/crime issues with the use of scripts and story boards. They will bring in professionals to work alongside and help hone these ideas into life, using film, whilst teaching the skills involved in creating and editing footage. These will be premiered at youth music showcases, shared on social media, events and with local schools.

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- Podcasts: By interviewing key leaders and practitioners, this will enable young people to create a narrative and explore their thoughts and experiences of key community issues (e.g. ASB, county lines, exploitation) and the consequences for themselves as well as the wider community. These will be shared on Mix Cloud to create a new online Youth radio station - Aspire Radio.
- Poetry/lyric writing: This will give young people a creative, safe space to write and record about their own experiences (and current issues) and highlight the consequences of being involved in ASB and crime and understanding the impacts this has on the wider community. These will be shared at a new young people's open mic evening they are looking to launch in their youth premises next year.

### **The Esther Project – Women of Worth CIC**

P7 – Peer support lead/administration team (Reducing Reoffending)

Amount Awarded £15,000, supported in full

Location: Countywide

Website: <https://www.theestherproject.co.uk/>

The project seeks to address the underlying trauma that is a proven driver of female involvement in crime. This will focus on delivering a series of trauma-informed activities to support women at risk of entering the criminal justice system. These interventions are designed to address the root causes of vulnerability, build resilience, and empower participants to create positive change in their lives.

- Understanding Trauma and Its Impact Workshops

Delivered by Metanoia Consulting, these one-day workshops will educate women's support networks (e.g., families or close friends) about the effects of trauma on the brain, behaviour, and decision-making.

Working with local agencies, such as Social Services, Flourish, Safeline, Refuge, Changing Lives, disadvantaged families where a female member is at risk of falling into the Criminal Justice System will be identified.

The course will:

- Enhance understanding of how past experiences influence current actions
- Offer practical tools to recognise and manage trauma responses in daily life
- Empower families to provide supportive environments to break generational cycles of trauma

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The workshops provide a foundation for healing and foster collective understanding, helping participants begin their recovery journeys with clarity and empowerment.

- Group Therapy Sessions

A 12-week programme of group therapy sessions will offer a confidential space for women to share experiences, reduce isolation, and develop healthier coping strategies.

- She Power Programme

She Beasts CIC will deliver a 12-week She Power Programme, focusing on fitness, nutrition, and mindset development as part of a healing journey for female trauma survivors.

Key components include

**Fitness Boost:** Tailored routines to improve physical health and empower women to take control of their bodies, boosting confidence and enjoyment in physical activity.

**Nourishment Guide:** Educational support to foster balanced diets, empowering participants to understand the impact of nutrition on mood and energy.

**Mindset Resilience:** Workshops to build emotional intelligence, self-esteem, and goal-setting strategies, helping participants overcome obstacles and stay motivated.

### **Warwickshire Counselling Centre trading as Sycamore Counselling Service**

P9 – Anger Awareness Course

Amount Awarded £12,998.29, supported partially

Location: Nuneaton

Website: [http://sycamorecounselling.org.uk/?page\\_id=73](http://sycamorecounselling.org.uk/?page_id=73)

The Anger Awareness Course is a psycho-educational course that is designed to help individuals to understand the root cause of their anger, their responses to anger and how to deal with anger in a safer more productive way.

The course will be delivered predominately one to one, either online or in person or offered in small groups. The course is interactive with videos, scenarios and workbooks that the individual can complete during the course but also take home to reflect on between sessions or use the relaxation techniques within them to change their behaviour during stressful periods at home.

The course is available to individuals over the age of 18 who reside in Nuneaton, Bedworth, North Warwickshire and Rugby. Where a participant will benefit from further support post course sessions of counselling will be offered to half of clients to help address underlying issues and re-enforce the techniques learnt on the course to help alleviate the anger response. The course raises awareness in the participants of

the causes, effects and cycle of anger and explores ways to interrupt the cycle including relaxation and Cognitive Behavioural Techniques (CBT).

## 5. Road Safety Initiatives

### **RoSPA Advanced Drivers & Riders – Coventry Riders**

P15 – Become a safer rider – reduce death and injury on the roads of Warwickshire

Amount Awarded £13,610, supported in full

Location: North Warwickshire

Website: [www.coventryadvancedriders.co.uk](http://www.coventryadvancedriders.co.uk)

The grant will be used to deliver the "Become a Safer Rider" initiative. This is focused on improving the knowledge, skills, attitudes, behaviour, expertise and safety of motorcyclists (holding a Full or A2 licence) by attracting them into further training and education to achieve the high standards required to pass the RoSPA Advanced Motorcycle Test.

This will be achieved by providing a course of individual on road, 1:1 training session led by allocated, Volunteer Group Tutors. Each session typically lasts up to 4 hours and covers between 80 - 100 miles. These are delivered alongside a schedule of specific skills courses, classroom based technical theory sessions and organised, controlled on road group ride training sessions.

The initiative will also deliver "taster" days enabling those unsure of the benefits of further safety training to try out and see what Coventry Riders can offer, before committing to a training programme. Coventry Riders will continue to work closely with Warwickshire Road Safety Partnership by attending and supporting joint road safety events as well as continuing to promote the initiative through Warwickshire motorcycle dealerships in a bid to attract their existing and new customers into the benefits of advanced rider training.

### **South Warwickshire Advanced Riders**

P4 – SWAR advanced motorcycle training

Amount Awarded £5,000, supported in full

Location: South Warwickshire

Website: <https://swar.org.uk>

Through investment and effort over of the last few years the group has built an effective team of volunteer tutors to deliver Advanced Riding courses to motorcyclists in Warwickshire. Each course involves both classroom sessions, off road practice and over 500 miles of 1-1 on road training sessions that will get the rider to a standard

where they can pass the RoSPA advanced motorcycle test. Additionally, they will run a series of motorcycle skills days open to all riders.

## 6. Discretionary Awards

### Veterans Contact Point

P14 - Peer support lead/administration team (Reducing Reoffending)

Amount Awarded £5,000, supported partially.

Location: County-wide

Website: [veteranscontactpoint.co.uk/lander](http://veteranscontactpoint.co.uk/lander)

Through peer support mentoring, this will entail supporting them through their journey. This could entail anything for housing needs (filling in forms and housing applications), help with debts, legal advice, mental health, drug and alcohol misuse. They run a brew and banter on a weekly basis where veterans can com minded veterans and have a brew. It also provides an opportunity for the veterans to have social contact and to self-refer if they have any issues.

### Young High Sheriff

P3 - Young High Sheriff Project

Amount Awarded £3,000, supported in full.

Location: County-wide

The Young High Sheriff programme aims are:

- To identify and engage young people interested in crime prevention and working for the benefit of their community
- To provide opportunities for those young people to develop their own ideas about crime prevention.
- To use the leadership opportunities offered by the Young High Sheriff programme and the partnership working it offers, for young people to deliver their plans for crime prevention.
- To engage young people with traditions, history and heritage associated with the important historical role of High Sheriff.
- To build community links between the school, partners and sponsors of the competition.

## OFFICIAL (Amend classification as required)

- To provide real opportunities for the competition winner to experience a "day" supporting one of the two representatives of the monarch within the county of Warwickshire.
- To showcase schools in the geographical area of Warwickshire to be chosen for the 2025 programme.

The High Sheriff of Warwickshire leads the Young High Sheriff programme, and the "organisation" is an informal partnership between the High Sheriff, a "host" secondary school in Warwickshire, the Town or Borough Council in the area where the programme is running and the programme organiser.

### **Warwick Retail Crime Initiative**

P21- Developing member interaction from apathy to action

Amount Awarded £5,000, supported in full.

Location: Warwick

Website: <http://wrci.org.uk/index.html>

Visits to member premises to redress the level of interaction, increase interaction with DISC, improve information sharing, offer prevention advice and increase the focus on the benefits of Partnership working, such as direct reporting leads directly to the Police ISO Team investigating and processing known offenders.

The use of the DISC direct messaging alerts other retailers and use of the radio alerts CCTV to monitor ongoing incidents.