

Pathway	Cohort/Risk Level	Perpetrator Offer	Victim Offer
Safer Families	Child/Adolescent (14-17 year olds) Abusive, violent or using self-destructive behaviour	Series of Individual and/or Group sessions according to the needs and wishes of the Young Person	4 x Parent group sessions
Prevent (Group-based)	First-time offenders (Conditional Caution route) 2-day Community Resolution option. Police referral/sponsored.	2 x Group Workshops	6 x Individual Counselling Sessions plus access to a weekly group therapy group
Engage (Individual + Group-based)	Standard Risk Early-intervention programme	2 x Individual Sessions 10 x Group Sessions	10 x Individual Counselling Sessions plus access to a weekly group therapy group
Phoenix (Individual + Group-based, or Individual-only route)	Medium Risk *Female Perpetrators* 6-month intervention. Bespoke gender-specific intervention	22 x Individual Sessions 10 x Group Sessions (42 x therapy hours) or for Individual-only route: 28 x Individual Sessions. (28 x therapy hours)	16 x Individual Counselling Sessions plus access to gender specific recovery group
Change (Individual + Group-based, or Individual-only route)	Medium Risk *Male Perpetrators* 6-month intervention	17 x Individual Sessions 9 x Group Sessions (35 x therapy hours) or for Individual-only route: 26 x Individual Sessions. (26 x therapy hours)	16 x Individual Counselling Sessions plus access to gender specific recovery group
Transform (Individual + Group based, or Individual-only route)	High Risk 9-month intervention. W-DAPP Panel referral	23 x Individual Sessions 16 x Group Sessions (66.5 x therapy hours) or for Individual-only route: 30 x Individual Sessions. (45 x therapy hours)	12 x Individual Counselling Sessions plus access to a weekly group therapy group